

children's music

Get a Musical Hug

Looking to give your kids a great start to the day? Try popping in the latest CD by local children's performer PapaHugs – *A Great Day for You and Me*.

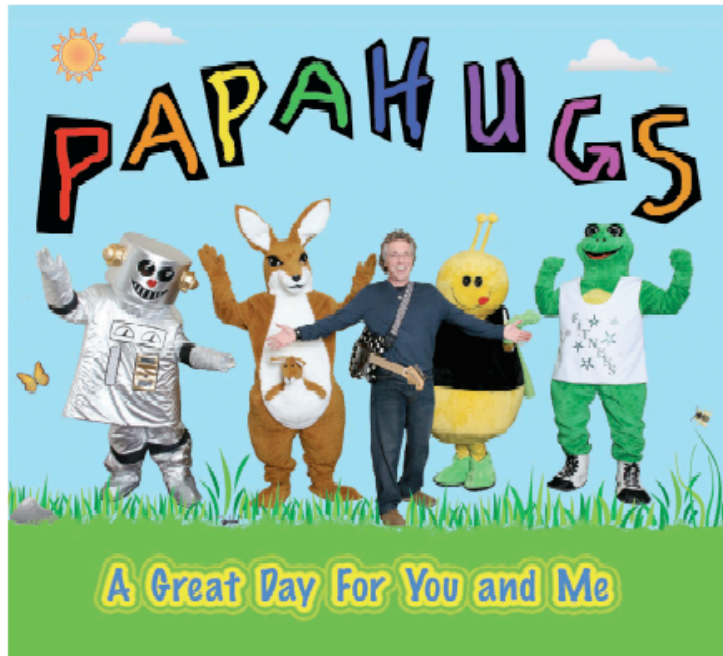
PapaHugs, whose name off stage is David Sharpe, fills his music with a hopping beat and positive messages about keeping fit, eating healthy and making friends. *A Great Day for You and Me* is the guitarist and songwriter's second CD and follows *All the Things You Dream*, which came out in 2006.

It was at concerts presenting that CD that his fans gave the retired podiatrist and dedicated grandfather the "PapaHugs" moniker. Sharpe earned the nickname for his compassionate songs like "Owies Everywhere" (in the new CD), in which he acknowledges all the bumps and bruises youngsters sustain. He tells kids reassuringly that he knows they've been "squashed like a bug," and what they really need is "a big, big hug."

While he picks kids up in some songs, he literally gets them up on their feet in others.

In "Wonder from Down Under," he calls out dance moves to get kids exercising. Other songs like "Your Smile Makes Me Smile" and "Are You Ready to Fly?" are so fun that kids won't be able to stop themselves from dancing around the room.

And while they're getting fit, listeners are inspired to eat wholesome foods, too. Sharpe croons, "Let's make a



yummy sandwich. 'We're going to pile it so high. First, comes the bread – white, wheat and rye. If you're really healthy, maybe multi-grain you'll try!'

In another tune, he sings, "Now feel your heart keep a steady beat. Keep it fit; don't eat all those sweets!"

A Great Day for You and Me on CD costs \$12; MP3 download version for \$9.99.

<http://cdbaby.com/cd/davidsharpe2>.

– Angela Geiser

Free PapaHugs Concerts

- **Fri., Jan. 16, 8 a.m.** Luther Burbank Elementary School, 4 Wabash Ave., San Jose. This concert and others on Jan. 26 and 31 are sponsored by FIRST5 Santa Clara County. www.first5kids.org.

- **Sat., Jan 24, 11 a.m.** The Treehouse in the Glen toy store, 1275 Lincoln Ave., in downtown Willow Glen, San Jose. 408-294-TOYZ. (8699.) www.toyskidslovenaturally.com.

- **Mon., Jan. 26, 10 a.m.** Mexican American

Community Services Association's San Jose Youth Center, 660 Sinclair Dr. www.first5kids.org.

- **Sat., Jan. 31, 10 a.m.** The FIRST5 Family Resource Center, 210 San Antonio Circle, Ste. 250, building C, Mountain View. www.first5kids.org or www.davidsharpemusic.com.

For more information, visit www.FIRST5kids.org or www.davidsharpemusic.com.